

The European Joint Action program "**Health4EUKids**" in collaboration with the 6th Health Administration, the Hygiene Laboratory, the Pediatric Clinic of the University of Patras and the Postgraduate Program "Public Health" of the Department of Medicine of the University of Patras are organizing on **Monday 22<sup>nd</sup> of April 2024** at 17.00-21.00 at **Epikentro** (Norman 16 & St. Dionysiou, Patra), the event entitled "**Childhood Obesity in the Spotlight - Good Practices**".

### PROGRAM

**Presidium:** A. Vantarakis, Professor of Hygiene, E. Magripli, Assistant Professor, G. Karydas, 6th Health Administration

#### **17:00-17:30 Registration**

#### **17:30-18:00 Greetings**

I. Karvelis, Director of the 6th Health Administration, A. Mastorakou, Deputy Governor of Health, Ch. Bouras, Dean of the University of Patras, K. Peletidis, Mayor of Patras

**18:00-18:10** Brief presentation of the European project "**Health4EUKids**", A. Vantarakis, S.R. of the project

#### **18.10-18.30 Presentation of good practices to combat childhood obesity**

E. Magripli, Assistant Professor, Agricultural University of Athens  
E. Papachatzji, Pediatrician, Pediatric Clinic UGHP, Postdoctoral Researcher of Hygiene Laboratory, Department of Medicine, University of Patras

#### **18:30-19:00 Keynote Address: "Childhood Obesity as an Early Manifestation of Modern Life",**

George P. Chrousos, MD, MACP, MACE, FRCP, Emeritus Professor of Pediatrics and Endocrinology, Director, Maternal Health Research University Institute of Children and Precision Medicine, Head, UNESCO of Adolescent Health and Medicine, National and Kapodistrian University of Athens

#### **19:00-19:10 Nutrition and development in the intrauterine environment and the neonatal period**

Th. Dasios, Associate Professor, Department of Medicine, University of Patras

#### **19:10-19:20 Principles of prevention and treatment of childhood obesity**

E. Kostopoulou, Supervisor of Pediatrics-Pediatric Endocrinology, University of Patras Pediatric Clinic, UGHP

#### **19:15-20.30 Working group: "What is the role of the family and the state in dealing with childhood obesity"**

**A. Zambelas**, Professor of Greek Academy of Sciences, President of EFET  
**G. Dimitriou**, Professor. Director of the Pediatric Clinic, University of Patras  
**M. Souris**, Child Psychologist, West Region of Greece  
**A. Mastorakou**, Doctor, Deputy Governor of Health  
Representative of the Parents' Association

**20:30-21:00 Dance performance** on the topic of Childhood obesity, in collaboration with the Laboratory Stage Act and Speech of the Department of Theater Studies (Responsible: Katia Savrami, Associate Professor) and the School of DanceArte, Responsible: Tatiana Loverdou) Music: "Flashdance" movie, "What a feeling" instrumental, and with lyrics by Irene Cara. Composer and solo dancer Theano Vantarakis, Dance teacher and student at the Department of Theater Studies of the University of Patras. Dancers from the school of Tatiana Loverdou: Alexandra Alexopoulou, Lydia Kontaxis, Maya Kozanita, Lydia Makri, Elpidia Matoula, Antigoni Panagiotopoulou, Evdokia Chroni, Maria Chroni

**21.00 Closing of the Event, dinner at the Epicenter**