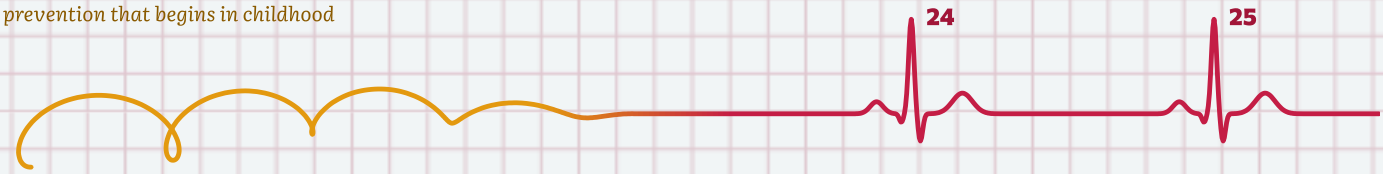
Health4EUKids in Brussels:

the Joint Action coordinated by the 6th Health Region of Greece presents its results at two European events

prevention that begins in childhood



At the invitation of the European Health and Digital Executive Agency (HaDEA), the Health4EUKids Joint Action takes part in two events in Brussels on 24 and 25 November 2026, devoted to the prevention of cardiovascular diseases and to capacity-building in public health.

Tuesday 24 November, 09:00–18:00 (CET)
Brussels and online

Wednesday 25 November, 09:00–12:00
Closed-door meeting

Tuesday 24 November, 09:00–18:00 (CET)

"Delivering on the EU Safe Hearts Plan: the impact of EU-funded projects". Organised by HaDEA. Brussels (Covent Garden building, Place Charles Rogier 16) and online. Language: English.

Follow online

Register by Monday 23 November, 12:00 (CET): https://hadea.ec.europa.eu/events/delivering-eu-safe-hearts-plan-impact-eu-funded-projects-2026-11-24_en — in-person places are full.

Health4EUKids on the programme

Panel Discussion 1, "Lifelong, Personalised Prevention of Cardiovascular Diseases (CVDs)", 11:25–12:15.

Wednesday 25 November, 09:00–12:00

Side event of the Joint Action NFP4Health 2 and HaDEA, with Health4EUKids on the panel. Closed-door meeting, by invitation only; it will not be streamed.

Health4EUKids is a Joint Action of the European Union's EU4Health Programme. It is coordinated by the 6th Health Region of Greece (6η ΥΠΕ / 6th Health ADM), with the University of Patras (Medical School, Department of Public Health) as the Greek affiliated entity.

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DAY 1 · TUESDAY 24 NOVEMBER, 09:00–18:00 (CET)

24 November: the Safe Hearts Plan, one year on

Delivering on the EU Safe Hearts Plan: the impact of EU-funded projects

HaDEA's main event, "Delivering on the EU Safe Hearts Plan: the impact of EU-funded projects", showcases how EU4Health and Horizon Europe 'Health' projects in the Agency's portfolio work together on cardiovascular health and how they contribute to the main pillars of the Safe Hearts Plan. The European Commission adopted the plan on 16 December 2025; HaDEA describes it as the first-ever EU approach to tackle cardiovascular diseases.

The programme opens with the policy session "Setting the Policy Scene: The EU Safe Hearts Plan, One Year after the Adoption", with representatives of the Irish Department of Health and of the European Commission's Directorates-General for Health and Food Safety (SANTE) and Research and Innovation (RTD). Three thematic panel discussions with the projects follow.

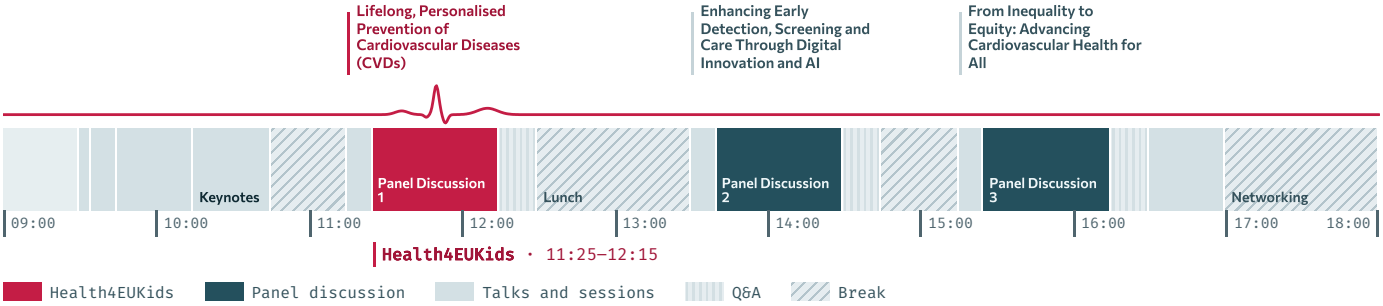
PANEL DISCUSSION 1 · 11:25–12:15

Lifelong, Personalised Prevention of Cardiovascular Diseases (CVDs)

Health4EUKids takes part in the first of these, "Lifelong, Personalised Prevention of Cardiovascular Diseases (CVDs)" (11:25–12:15), alongside the Joint Actions JA SAFE and JARED and the Horizon Europe project CARE-IN-HEALTH. It brings to the discussion prevention that begins in childhood: promoting healthy lifestyles in families with children.

This project has received funding from the European Union's EU4HEALTH Programme under the Grant Agreement no 101082462.

PROGRAMME, 24 NOVEMBER · TIMES CET · SESSION TITLES AS IN THE EVENT AGENDA



ON THE PANEL · PANEL DISCUSSION 1 · 11:25–12:15

Lifelong, Personalised Prevention of Cardiovascular Diseases (CVDs)

JA Health4EUkids (EU4Health)

JA SAFE (EU4Health)

JARED (EU4Health)

CARE-IN-HEALTH (Horizon Europe)

FOLLOW ONLINE

Register to follow online →

REGISTRATION DEADLINE

Monday 23 November 2026, 12:00 (CET)

In-person places are full.

https://hadea.ec.europa.eu/events/delivering-eu-safe-hearts-plan-impact-eu-funded-projects-2026-11-24_en

DAY 2 · WEDNESDAY 25 NOVEMBER, 09:00–12:00

25 November: Joint Actions and capacity-building

Fostering Capacity-Building between EU Member States and Associated Countries through EU4Health Joint Actions

CLOSED-DOOR MEETING, BY INVITATION ONLY; IT WILL NOT BE STREAMED.

Side event of the Joint Action NFP4Health 2 and HaDEA

On the morning of Wednesday 25 November 2026 (09:00–12:00), at HaDEA's premises in the Covent Garden building, the side event "Fostering Capacity-Building between EU Member States and Associated Countries through EU4Health Joint Actions" takes place, co-organised by the Joint Action NFP4Health 2 and HaDEA. It considers how EU4Health Joint Actions contribute to capacity-building, knowledge-sharing and enhanced coordination to support the implementation of best practices in public health.

Health4EUKids takes part in the event's panel discussion. The meeting is closed-door, by invitation only, and will not be streamed.

TWO BEST PRACTICES

Grunau Moves (Germany)

Smart Family (Finland)

promoting healthy lifestyles in families with children

GRANT AGREEMENT NO.

101082462

About the Health4EUKids Joint Action

Health4EUKids ("Joint Action for the implementation of best practices and research results on Healthy Lifestyle for the health promotion and prevention of non-communicable diseases and risk factors") was funded under the EU4Health Programme (Grant Agreement no. 101082462; granting authority: HaDEA), with a starting date of 1 December 2022 and a duration of 36 months. The Joint Action implemented two best practices, Grunau Moves (Germany) and Smart Family (Finland), to promote healthy lifestyles in families with children and to help prevent childhood obesity, and to support the transferability and sustainability of these practices. In Brussels it presents the results of these three years of joint work.

More on the project: https://www.dypede.gr/health4eukids/

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